



## Brighten the Holidays for a Family in Need ADOPT-A-FAMILY THIS HANUKAH!

Faced with requests for help which far surpassed the emergency aid funds we had, in 2010 JFCS launched the [Adopt-A-Family](#) program to try to provide some holiday happiness for families in need.

**Thanks to our generous community, last year 138 individuals, alone and in families, were able to be helped.**

We are again faced with the same, extreme levels of need. So, once again, JFCS and the MJCC ask:

- Can you or your family "adopt a family" in dire straits this Hanukah?
- Or purchase a gift for a child who will otherwise have to go without?
- Or pick up a gift card when you're grocery shopping to help a senior or individual with disabilities purchase the life essentials most of us take for granted?

### Adopt-a-Families

Thank you in advance we are so grateful! Here are some of the people who need our help.

#### [Individual #1](#)

Domestic violence survivor who has sustained life-threatening injuries is attempting to put her life back together. She is in need of basic kitchen essentials, e.g., pots and pans. She could also use Fred Meyer gift card as this would enable her to purchase personal care and medications.

#### [Individual #4](#)

Holocaust survivor in his 80's makes every effort to remain independent, continues to reach out to the community to educate youth in terms of relating his experiences during the war. He lives on a fixed income and would be grateful for Fred Meyer gift cards to help him with food and winter clothing.

#### [Individual #6](#)

Jewish male in his late 30's has no family, lives alone and is extremely resilient and makes every effort to remain independent, in spite of the challenges he faces, which include serious and on-

going medical needs. He would be grateful for Fred Meyer gift card, a teapot, sweat shirt (Jewish motif)-XL, pillows and blankets.

#### Individual #7

An avid reader, Holocaust survivor who educates the community about the Holocaust, lives independently on a minimal income would really appreciate help with utility bills and Powell's gift cards to enable him to continue to enjoy one of his passions- reading books.

#### Couple #8

Senior Jewish couple with two dogs they love, recently lost their home to foreclosure after filing bankruptcy. They would appreciate some support in continuing to keep their beloved animals, and would appreciate Fred Meyer or pet store gift cards. Reading and photography give meaning to their lives and they would also appreciate a Powell's gift card, printer ink cartridges for Epson artisan 50 and HP photo smart 3210 printers.

#### Individual #9

Jewish disabled war veteran that is wheelchair bound and dependent on live in care taker struggles to survive. He would like XXX Large sweatshirt and pants, electric griddle, gift cards to Fred Meyer, or war and action movies as this is his primary source of entertainment.

#### Individual #12

Single Jewish woman in her 40's struggles with a chronic medical condition, living on a fixed income of social security disability would like assistance with pursuing the passion of her life - art. She would like Windsor-Newton series 7 water color brush size 9, gift cards to target and Fred Meyer to purchase personal care items and a stereo receiver that she otherwise is not able to afford.

#### Family #13

Single Jewish dad on a fixed income who has chronic back problems strives to remain independent by selling Street Roots. His adult daughter who lives with him is also on disability. Dad would like 36x30 pants, 17 ½ neck 35 sleeve shirts, winter socks, DVD player, and Fred Meyer gift cards. Daughter would like full sized fleece blanket, Fred Meyer gift cards, thermals size large, pants size 18 women.

#### Individual #14

Single woman continuing to recover from a stroke still suffers from some paralysis. She has been losing weight and as a result would like target, Fred Meyer, Wal-Mart gift cards to help buy clothing and food.

#### Individual #17

Single Jewish woman in late 50's living independently struggles with medical issues and depression (although recently it was reported that she isn't "as depressed"), she is hoping to move soon to improve her quality of life, however, this is a huge challenge for her due to her disabilities. She would greatly appreciate a vacuum cleaner, gift certificate for food, or a hair salon, Kindle or bookstore gift cards as reading is her love.

#### Family #25

Jewish Family of four has been struggling for over a year now. Mom has had serious medical conditions requiring multiple surgeries, medical debts have been overwhelming, and additionally they have been facing concerns regarding possible foreclosure of home. Dad has continued to work as much as employer will allow, due to overtime constraints. Mom would like bath towels, bath and body products, a coffee maker, Fred Meyer or Macy's gift cards for

clothes. Dad would like PJs size X-large, socks, Red Box gift card and Goodwill gift cards. Sons ages 4 and 6 years old would like clothes size 6t – 7 slim including underwear, socks, winter coat, and boots size 13, educational books and toys. The family would also be grateful for a gift card to Petco for their beloved cat.

#### Family #26

Family of 5 consisting of Mom, Dad, 4 year old son and adult son and his girlfriend. Dad recently became employed after over a year of searching and doing day labor. Mom is on disability. Family recently moved to save money and continue to be resourceful in providing for their family. Dad hopes for cooking utensils, pots and pans, and a gift card to Fred Meyer for food. Mom would appreciate baking supplies and gift cards for personal care items. 4 year old boy would like clothes size 4T – 5T, Thomas the Train, Elmo, and Kipper. The adult son and girlfriend would appreciate Target or JC Penny's gift card for clothes.

#### Individual #27

Senior Jewish Male with a history of mental illness and physical health problems continues to make the most out of every day, though he is constantly challenged by his circumstances. He survives on an extremely limited income. He is an avid fan of cartoons and classical music. He would welcome: socks (size 13), gift certificate to purchase a new pair of glasses, movie gift certificate, the sound track to the King and I (CD), Rogers and Hammerstein movies (DVD's) and Plug & Play Arcade game.

#### Individual #28

Elderly Jewish Male is a writer by profession, continues to derive comfort from reading poetry and entertaining old friends. He has recently been diagnosed with a terminal illness. He is currently dealing with severe complications from this illness, yet he remains in good spirits. His Hanukah wish list includes: socks, flannel night shirt and slippers-all size large, terry cotton bathrobe and umbrella and Trader Joe's gift card.

#### Individual #29

Single Jewish Male struggling with emotional/psychological challenges and significant health issues is unable to work and now finds he is very alone in world and grieving the loss of his Dad. He had been his primary care taker for the last years of his life. He would appreciate Fred Meyer gift cards that would provide him an opportunity to purchase food and other personal items.

#### Individual #31

Single Jewish Female in her 60's has been on disability since 2004. She is experiencing increasing medical problems which has made her more dependent on the community for support. For Hanukah she would be grateful to receive movie tickets, assistance with utility bills, HDTV box for cable broadcast and gift cards from Fred Meyer and TJ Max.

#### Individual #32

Young Single Jewish Female is grieving the loss of her Grandmother and her Dad who died from a massive heart attack on a day of her Grandmother's funeral. She lives on disability and continues to battle a history of depression. She lives alone, though she is comforted by her pets. She would greatly appreciate receiving Queen size deep pocket sheets (purple is her favorite color), towels, pot holders, socks (size small) cookbooks, and gift cards to Fred Meyer, Trader Joe's and Wal- Mart.

#### Individual #33

Jewish Male in his 40's is living on disability and struggles to make ends meet continues to look for work. He has chronic medical issues, though he remains optimistic that his future will be brighter. He is hoping to receive a vacuum, broom/dust pan and cleaning supplies, a tri-met

Honored Citizen all zone pass, Fred Meyer gift certificate for personal items and a gift card to Petco for his cats. Additional he would like pants size 40x38, shirts size XXL, queen size blankets, towels and washcloths.

#### Family #35

Family of 3 consisting of a Grandmother, mother, and grand-daughter living on grandmother's Social Security. Mom lost her son to a genetic disorder that she also has. Grandmother is primary caregiver for the family, and strives to ensure that all of granddaughters needs are met with the limited resources they have. Grandmother would like pots and pans, silverware, queen size sheets and electric blanket, assistance with heating oil, vacuum cleaner, and cleaning and toiletry items. Mom would like scarf, gift cards, books, art supplies, sweat shirt, and a back pack. Granddaughter is hoping for a back pack, movie tickets, queen size sheets and electric blanket, pea coat size 14, winter shoes size 10, and make-up.

#### Family #36

Family of 4. Single mom who is a survivor of domestic violence on disability and not receiving any child support is struggling to provide for her family. Mom would like towels, pots and pans, vacuum cleaner, winter coat size medium, and winter boots size 8 ½. 15 year old boy hopes for Van's or Nike's size 12, back pack, jeans size 34x34 slim, XL sweater, shirts, and coat and socks. 14 and 13 year old boys would like Van's or Nike's 8 ½, jeans 14 slim, Med. Size shirts, sweater, and coat, and socks.

#### Family #37

Family of 5 including a preschool age boy, an elementary aged girl, and a toddler boy with significant physical and medical needs are overwhelmed with meeting the challenges of day to day life. Dad is unemployed and mom is the primary care taker of the toddler. The preschool aged boy hopes for art supplies, Transformers, Spider man, cars, pants, long sleeve shirts size 5t and underwear, socks, boots size 8. The girl would like books, Barbies, Barbie accessories, art supplies, pants and long sleeve tops size 7/8, socks, underwear, and boots size 12. The toddler would like toy vacuum cleaner, educational toys, and clothes size 18 -24 months. Mom would like slippers and socks. Dad would appreciate pants size 40x32 and shirts XXL.

#### Family #38

Family of 4 living on mom's disability benefits, dad was laid off and is not eligible to for unemployment benefits. 19 year old son is Autistic and has additional medical needs, and 22 year old son is attending college and trying to help the family as much as he can. Mom would like XL shirts, pants, and coat, towels, pots and pans, blankets for full, twin, queen size beds and body lotions. Dad would like interview clothes including pants 42x30, XXL shirts, jacket and shoes size 10 ½. 19 year old son would like Legos, winter coat size XL, classical music, and a MP3 player. 22 year old son would like a gift card to Powells, winter coat size XXL, pants size 42x30, and shirts XXL.

#### Family #39

Holocaust Survivor couple who lost everything in an apartment fire are attempting to put their lives back together after a year of transient living with relatives. They would enjoy receiving an electric teapot, cotton bathrobe size XL short, down pillows, full size mattress pad, rain coat size large, and fur slippers size 7 ½.

#### Family #40

Holocaust Survivor couple living on Social Security income do not have any family in the area for support or financial assistance. They are hoping to receive a vacuum cleaner, electric teapot, and a small TV for their kitchen.

#### Individual #41

Elderly Female Russian Immigrant living on SSI, has no extended family in Portland struggles to make the most of her limited income would very much appreciate a food processor, down pillows, house coat , a dressy cardigan and summer jacket all size XL/16.

#### Individual #42

Single Russian Holocaust Survivor without any family the Portland area, recently diagnosed with cancer, continues to try to support his only child who is abroad with a chronic life threatening illness. He would grateful to receive a bar stool for his kitchen, winter shoes size 10, winter coat size large, shirts size 16, dress pants size 38x29, Fred Meyer gift cards for food.

#### Family #43

Russian Holocaust Survivor couple that escaped an apartment fire last year in which they lost everything currently living on Social Security. They recently have been able to return to their apartment after a year of transient living with friends and family. They would like a mixer, an electric teapot, an area rug burgundy in color, a flat ware set for 8, and decorative pillows also burgundy in color.

#### Individual #44

Single female Holocaust Survivor lives alone. Her adult daughter had been her sole care provider now has a serious illness and is no longer able to provide support. Survivor is living on Social Security. She would like a small purple and/or brown rug for bedroom, a gift card to Fred Meyer, an iron, small pan, long plates for serving fish, water resistant winter coat with hood size large.

#### Family #45

Family of 5. Single mom with serious and chronic life threatening medical issues now lives on Social Security disability. Before mom became disabled she worked with her native community focusing her work on helping families struggling with addiction and domestic violence.

“Struggling with my health has allowed me to realize what is truly important in life: my family, my friends, and my relationship with God.” Mom is hoping for gift cards to Ross, pants size m/l with elastic waist, Fred Meyer gift cards for food. Girl age 12 wants arts supplies, head phones, bright nail polish, socks, pants / jeans size 0 long in Jr’s, long sleeve tops size sm., and shoes size 7 women’s. Boy age 7 wants hot wheels and hot wheel tracks, Legos, transformers, coat and pants size 7, socks, underwear, shoes size 1 XX wide. Girl age 10 hopes for a baby dolls and accessories, books, art supplies, pants size 3T, tops size 4T, socks and training pants or pull-ups size 5. 10 month old girl would like clothes size 10 months, developmental toys, diapers size 3, and a Toddler car seat.

#### Individual #46

Female widow Holocaust survivor, who has been in and out of the hospital with chronic medical issues, lives on a fixed income. She would like goose down pillows, hand held shower head, coffee maker and grinder.

#### Individual #47

Daughter of a Holocaust survivor, who lives alone and has no family support in the Portland area, has many medical issues that she is addressing. She would appreciate a dish set that includes bowls for soup, and gift cards to Fred Meyers for food and household essentials.

## Family #49

Family of 4. Single mom who is going to school. Mom struggles to maintain a stable and nurturing environment for her children with limited resources. Mom would like pots and pans, towels, winter coat size 18/20, boots size 12, a gift certificate to Victoria Secret. Girl age 19 hopes for winter coat size 18, winter boots size 10, books and music, perfume, bath oils, and a bike. Girl age 17 would like a winter coat size 12/14, boots size 9, a camera, board games, DVDs (comedies). Girl age 14 would like winter coat size 12/14, winter boots size 9, MP3 player, art supplies, long scarves, and jewelry.

## How You Can Help...

### Adopt a Family.

Contact MARIA at JFCS 503-226-7079 ext. 128 to let her know which family you would like to adopt and discuss what you could do to help meet some of their most critical needs.

### Shop for a Wished-For Gift.

Choose a gift (or gifts) you would like to purchase from a family's story.

Contact MARIA at JFCS 503-226-7079 ext. 128 to let her know which gift you want to buy and make sure no one else is already purchasing it. Then, buy the gift and drop it off at:

JFCS, 1221 SW Yamhill Street, Suite 301 so we can deliver it to the family.

### No Time to Shop? Send a Donation & We'll Shop For You!

Choose a gift (or gifts) you would like to purchase from a family's gift wish list. Contact MARIA at 503-226-7079 ext. 128 to let her know which gift(s) you would like to give. Then, send a donation to cover the cost of the gift(s) to Adopt-a-Family Holiday Gifts, ATTN: Maria, JFCS, 1221 SW Yamhill, Suite 301, Portland, 97205. We'll buy the gift(s) and deliver it to the family.

### Pick Up a Gift Card & Pop It in the Mail

All of the families on our holiday list-as well as all those who come to us year-round for help-would greatly benefit from a gift card from a one-stop department store like Fred Meyer, Wal-Mart or Target. So an easy way to help is to pick up one the next time you're at the store and mail it to Adopt-a-Family Holiday Gifts, ATTN: Maria, JFCS, 1221 SW Yamhill, Suite 301, Portland, 97205.

### Volunteer to Shop for or Deliver Gifts (paid for by others)

Have time to shop for and/or deliver gifts? To offer your shopping or delivery services, contact Missy at 503-226-7079 ext. 133 or email [MissyFry@jfcs-portland.org](mailto:MissyFry@jfcs-portland.org) with your contact info and availability.

*Thank you for your kindness and generosity!!!*

*With your support, we can make the upcoming holidays brighter for families in need.*

*Adopt-a-Family 2011 is sponsored by:*

