

TASK Newsletter June-July 2009



Tikvah and TASK Fun Events Ahead:

Oregon Zoo Concert tickets are available now. If you would like to attend, contact Corinne.

Fri., July 24, Indigo Girls, \$19
Fri., July 31, Jewel, \$22.50
Fri., Aug. 14, Joan Baez, \$22

Free Family Entertainment with Movies in the Park. Opens at 6:30PM, begins at Dusk:

Fri., July 10, Kung Fu Panda, Berkeley Park
Sat., July 11, School of Rock, Lents Park
Fri., July 17, Space Jam, Pier Park
Sat., July 18, Journey to the Center of the Earth in 3D, Dickinson Park
Wed., July 22, Hairspray, McCoy Park
Thurs., July 23, ET the Extraterrestrial, Holly Farm Pk

Tuesday, July 14, 1:00PM, Oregon Zoo. It's Two Buck Tuesday. Would you like to swing like a chimp? Try the CHIMPANZEE CHALLENGE MAZE (\$2 extra). Note that parking now is \$2 per car. Kindly RSVP.

News from TASK

Kehillah Housing Update

We are continuing to plan the 15-unit apartment complex for adults with developmental disabilities. We've now seen the initial drafts of the architectural drawings of **Kehillah Housing** completed by Bruce Sternberg, which look awesome. Next up: completion of the HUD 811 application by our colleagues at Cedar Sinai Park. We'll keep you informed as progress continues. Anticipated completion date is Spring, 2011.

Smilestones:

Thank you to guest panelists, Molly Bauermiller, Erika Menashe, and Shachaf Biglajzer, and their moms, Donna, Janet, and Julia, for leading the discussions at our recent parent meeting on the Successes they've had with school, work, transition programs, and socialization. The evening was so successful, parents have asked to meet again

to network with other parents regarding their children with special needs. See left panel for details on our next meeting, June 4.

Need Help with Prescription Drug Costs??

Get a free **FamilyWize** prescription discount drug card for people without prescription drug coverage. The cards can be used *right away* by *anyone without prescription drug coverage* regardless of age, income, or residency at almost every pharmacy nationwide. Just go to www.FamilyWize.org/outreach to print a card, or just take this info to your usual pharmacist: FamilyWize member ID: FW010107, Group ID: 399100 Bin: 610194, Pharmacy Phone Number: 877-HELP-977. Members: 866-810-3784 Generally, it's about 30% off of medications at 53,000 pharmacies!

Tikvah Events

Important telephone number!

Please **RSVP** for each activity: corinne@jfcs-portland.org or phone 503 226-7079, now at Ext. 155.

Thurs., May 28, Beaver Baseball, 7:05PM meet at the east side ticket area, near the metal 'face' at 6:45PM. RSVP now please.

Sat., May 30, Starlight Parade, Call for details.

Sat., June 6, Rose Festival Parade, then baseball at 7:05PM, Beavers vs. Reno Aces.

Sun., June 7, 5:30PM, Pizza Night at New York, New York, near Burlingame Fred Meyer's.

Sat., June 13, 1:00PM, Farmer's Market at PSU, meet at the south end of the market. Then it's baseball as the Fresno Grizzlies play the Beavers at 7:05, dinner first! RSVP by June 10.

Sat., June 20, 5:30PM Game Night at Danny and Andrea's. Bring food for a potluck dinner, play games, see DVDs, etc. RSVP needed by June 16.

Fri., June 26, 7:05PM, Beavers play Reno Aces. Dinner (TBD) at 5:00PM, RSVP by June 10.

Sun., June 28, 5:00PM, Portland Timbers Soccer vs. Montreal. RSVP by June 26 please, meet 4:45 at the metal 'face' by the east ticket counter !

Sat., July 4, Waterfront Blues Festival and Fireworks. Meet at 4:00PM at the entrance to listen to music, eat dinner, and stay for fireworks.

Sat., July 11, 5:30PM, Hot Tub and Pizza Party at Corinne's, bring \$5 each, weather permitting.

Tues., July 14, 1:00PM, Oregon Zoo, It's Two Buck Tuesday (note parking is now \$2). See inside for more details.

See other fun activities listed above!

Community Information

Sunday, May 31, 1:00-4:00PM Disabilities Resource Fair at the Oregon Zoo sponsored by FACT (Family and Community Together). Children can go to the Zoo at no charge when accompanied by parents attending the Resource Fair. Contact Corinne for details.

Thurs-Sat., June 25-27, Oregon Disability MegaConference, Sheraton Airport, contact the ARC for details: 503 581-2726 or www.oregonmegaconference.org .

Summer Camp Ideas

For extra support for children with special needs, contact these local sources:

Lake Oswego Parks & Rec www.ci.oswego.or.us/parksrec/ (aides may be available)

Portland Parks & Recreation 503 823-7529

Gately Academy 503 215-2672

Project P.A.C.E. (Beaverton)

Autistic Children's Activity Program 503-649-2066

Kiwanis Camp - Mt. Hood www.mhkc.org

SEGA Michelle: mampoulson@yahoo.com)

ARC summer Camp 503 581-2726

Tualatin Hills Park & Rec 503 645-6433

Living Well with Chronic Conditions

This 6-week workshop is for people with asthma, diabetes, heart disease, arthritis, and other chronic health concerns, and is a program developed and tested by Stanford University. To register, contact Northwest Portland Ministries at 503 221-1224 or codi@nwpm.org. No fee for the classes, the donations appreciated for the cost of materials and handouts.

Thursdays, 10:00AM-12:30PM, June 1-July 6, at the Friendly House, 2617 NW Savior St.

or

Thursdays, 12:30PM-3:00PM, June 4-July 9, at First Christian Church, 1314 SW Park Ave.