

TIKVAH EVENTS

*Tikvah is a social-recreational group for adults aged 18 and over with any type of special needs. Members plan activities and events, and new members are always welcome. Contact Corinne for more information. **NOTE:** In case of inclement weather, phone to confirm!*

Voluntary dues of \$36 per year is suggested.

- ⇒ **Sat., Feb 8, 5:30PM**, Join Tikvah for dinner at Der Rheinlander, authentic German food, 5035 NE Sandy. Kindly RSVP by Feb 5.
- ⇒ **Fri., Feb. 14, 5:30PM, Valentine's Day** pizza party at New York New York, 7737 SW Barbur Blvd. RSVP by Feb 10.
- ⇒ **Sun., Feb. 23, 2:00PM, Bowling with Kehillah at Sunset Bowl, \$3 per game, 12770 SW Walker RD.** RSVP by Feb. 20.
- ⇒ **Sun., Mar 9, Daylight Savings Time** gives us extra time to celebrate with dinner at **Thai Rose, 6:00PM.** RSVP by Mar 7.
- ⇒ **Sun., Mar. 16, 6:00PM**, Be Happy! It's Purim! Come celebrate with dinner at the **Spaghetti Factory**, RSVP by Mar 13.
- ⇒ **Sun., April 14, Passover, First Seder**
- ⇒ **Thurs., April 24, Pizza Party!** What better way to get together after Passover than to have pizza! Details to follow.

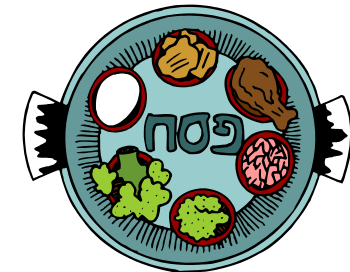
JFCS
 Jewish Family & Child Service
TASK
 1221 SW Yamhill, Suite 301
 Portland, OR 97205



TASK
 Treasuring, Accepting & Supporting Kehillah

 Your Jewish Connection to Disability Awareness

NEWSLETTER



FEB-MAR 2014

A publication & program of
Jewish Family & Child Service
 For information, please call
 Corinne B. Spiegel
 503.226-7079 Ext. 155
corinne@jfcs-portland.org

www.JFCS-Portland.org

TASK NEWS

For up-to-date events, or to leave a message, call 503 226-7079 ext 155 or email: corinne@ifcs-portland.org.



Tues., Feb. 11, 7:00PM, JFCS, "Advocating for Your Child at School," a meeting for parents who would like to become better school advocates for their children. RSVP required: phone 503 226-7079 ext 155. \$10 per family. Kindly arrive by 6:55PM since the building is locked. Street parking available, pay until 7PM.

Tues., Feb. 18, 6:30PM, Tools for Transition Parent Meeting, Brown Room on the 3rd Floor, Rose Schnitzer Manor, featuring Laah Wallace on Supported Employment.



Tues., Mar. 25, 7:00PM, JFCS, "Mental Illness/Disabilities and Your Family: How to Cope," a meeting for individuals who are helping to support someone with mental illness or other disabilities. Fee is \$10 per family, kindly arrive by 6:55PM since the building is locked. RSVP required, please call Corinne at 503 226- 7079 ext 155 to reserve a spot.



FEB- MAR 2014

DID YOU KNOW?

A local magazine is available in print or online for families with children and adolescents with autism spectrum disorder? See <http://spectrumsmagazine.com> for details.

TASK announces two new classes for parents: "Advocating for Your Child at School" and "Mental Illness /Disabilities and Your Family: How to Cope." See column on left for details.

Mah Jongg players in Portland have done it again. Through their

local purchase of game cards, the National Mah Jongg League presented the JFCS TASK program with a donation of \$1200. Special thanks to Rosanne Levi for coordinating the sale of the cards. If you would like to order cards for the new year, please send checks for your card \$8 (regular) or \$9 (large) to Rosanne Levi, 9838 SW 6th Ave., Portland, OR 97219. by Jan. 24 please.

Thank You!

Sun., March 9, Daylight Savings Time Begins; be sure to advance your clocks one hour



Sun., March 16, Be Happy! It's Purim!

Monday, April 14, Passover begins at Sundown.

COMMUNITY INFORMATION

Mon., Feb. 24, 6:00-8:30PM, "The Misunderstood Child: Understanding Sensory Processing Disorder," at Providence Newberg Medical Center, free. Registration required: 503 215-2429.

Tax season is around the corner. If you have a family member with special needs, most medical, therapeutic, specialized classes, personal aides that you pay for, physical aids, special foods, legal expenses, and transportation costs for those services are deductible for your dependent child. Did you also know that you may qualify for a Child and Dependent Care Credit? Also, an Earned Income Credit is possible, even if you have an adult child with special needs living with you. Be sure to discuss these potential tax savings with your tax preparer.

Concern about autism is often on the minds of parents of young children. Please see the newest parent checklist for evaluating toddlers:

[http://www2.gsu.edu/~psydlr/M-CHAT/Official M-CHAT Website files/M-CHAT-R F 1.pdf](http://www2.gsu.edu/~psydlr/M-CHAT/Official%20M-CHAT%20Website%20files/M-CHAT-R_F_1.pdf)