



## TASK NEWS

Treasuring, Accepting & Supporting Kehillah

### TIKVAH EVENTS

*Tikvah is a social-recreational group for adults aged 18+ with any types of special needs. Our members plan activities and events, and new members are always welcome. Contact Corinne for more information. RSVP required!*

**MAR 20 / FRI / 5:30 PM**  
**CASA COLIMA AND PDX LIVE!**

Join us for a Mexican dinner and lively musical service at Congregation Neveh Shalom. RSVP by Mar 16

**APR 1 / WED / 6:00 PM**  
**APRIL FOOL'S DINNER / Red Robin**  
1139 NE Grand  
No kidding, a fun dinner is planned near the Convention Center. RSVP by Mar 28

**APR 5 / SUN / 3:00 PM**  
**PASSOVER SEDER / Kehillah Housing.** Bring a soup bowl and spoon and a Passover dessert to share. *RSVP required by Mar 28*

**APR 12 / SUN / 5:30 PM**  
**POST-PASSOVER DINNER**  
**Szechuan Kitchen / 15450 Boones Ferry Rd.**  
It's Chinese Food in Lake Oswego  
RSVP by Apr 10

**MAY 2 / SAT / 5:30 PM**  
**DINNER/ Azteca Restaurant**  
10505 SW Beaverton-Hillsdale Hwy  
RSVP by Apr 30

**MAY 16 / SAT / 6:00 PM**  
**SPRING DINNER/Buster's Barbecue**  
11419 SW Pacific Hwy  
RSVP by May 14

**MAY 22 / FRI / 6:00 PM**  
**ROSE FESTIVAL BEGINS WITH DINNER AND FIREWORKS!**  
Meet for dinner then watch fireworks from Waterfront Park at 9:45PM. RSVP by May 19

**MAY 30 / SAT / 5:30 PM**  
It's **DINNER** and the **ROSE FESTIVAL STARLIGHT PARADE**  
Dinner at Dragonwell Bistro, then a stroll to watch the very fun Starlight Parade. RSVP by May 25

**JUN 6 / SAT / 9:00 AM** **ROSE FESTIVAL GRAND FLORAL PARADE!** We'll meet downtown to enjoy the parade, location to be determined. RSVP by Jun 2



For information, please call:

**CORINNE B. SPIEGEL**  
DISABILITIES INCLUSION SPECIALIST  
503-226-7079, ext. 155  
corinne@jfcs-portland.org  
[www.jfcs-portland.org](http://www.jfcs-portland.org)

### TASK NEWS

**APR 12 / SUN / 9:30-11:00 AM**  
**TASK Advisory Board**  
Meet in the deli area of MJCC. Join us as we hear from Sharon Miller on handling paperwork from the Social Security Administration. Kindly RSVP: 503-226-7079, ext. 155 or email [corinne@jfcs-portland.org](mailto:corinne@jfcs-portland.org).

**MAR 31 / TUE / 6:30-8:15 PM**  
**TASK Meeting for Parents of Teens/Adults**  
Location: Tigard home of John and Melanie, please call for directions. Cost: \$10

**MAY 19 / TUE / 11:30 AM - 1:00 PM**  
**Jewish Family & Child Service Annual Fundraiser Luncheon Multnomah Athletic Club.** Enjoy lunch and our dynamic guest speaker, Stephen Elliott while learning more about JFCS. See [www.jfs-portland.org](http://www.jfs-portland.org) to register.

For up-to-date events, to RSVP, or to leave a message, call 503-226-7079, ext. 155 or email [corinne@jfcs-portland.org](mailto:corinne@jfcs-portland.org).

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## COMMUNITY

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**MAR 28 / SAT / 7:30 PM / 525 SE STARK / MILAGRO THEATER (REPEATS APRIL 1 & 4)**

**“Fierce Love,”** a play featuring 6 moms of people with cerebral palsy. Cost is \$10, see [www.wellarts.org](http://www.wellarts.org).

**MAR 29 / SUN / 11:00 AM – 2:00 PM**

**OPEN HOUSE / 424 NE KILLINGSWORTH**

**UPLIFE!** welcomes visitors to its new Arts Center, for people with intellectual/developmental disabilities.

**APR 7 / TUES / 6:30 PM – 8:00 PM**

**DEVELOPMENTAL DISABILITIES AND THE ‘K’ PLAN WILLAMETTE FALLS HOSP / ROOM D**

Call 503 215-2429 to register.

**APR 9 / THUR / TBD / SWINDELL’S CENTER**

**NATURAL MEDICINE: Realistic Diet Changes and Nutritional Support for your Sensory Kids,** with Valerie LaRose, ND, call Swindell’s Resource Center at 503 215-2429 for details or to register.

**APR 11 / SAT / 8:00 AM – 4:30 PM / FACT OF OREGON**

**SPECIAL EDUCATION CONFERENCE** at Providence Willamette Falls Community Center / 519 15<sup>th</sup> Street Oregon City. Free for family members, to register, contact FACT at 503 786-6020.

**APR 21 / TUES / 6:00–8:00 PM**

**IDNO’s Spring Fling / Spaghetti Factory**

Join the *Interfaith Disabilities Network of Oregon* for a lively dinner and community awards. RSVP by Apr 12, [corinne@jfcs-portland.org](mailto:corinne@jfcs-portland.org).

**MAY 14 / THU / TBD / SWINDELL’S CENTER**

**POSITIVE DISCIPLINE: Principles & Strategies for Your Family,** with Caty Buckley, Positive Discipline Specialist, call 503 215-2429 for info.

**MAY 16 / SAT / 1:00 PM - 7:00 PM / 232 SE 80<sup>TH</sup>**

**SHATTERING STIGMA: MENTAL HEALTH AND FAITH COMMUNITIES,** featuring local leaders in the field of mental health and religion, and individuals who share their stories of mental illness. Dinner is included, \$25, contact [kmoore@folktime.org](mailto:kmoore@folktime.org).

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## DID YOU KNOW?

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**MAY 19 / TUE / 11:30 AM – 1:00 PM**

**Jewish Family & Child Service Fundraiser Luncheon Multnomah Athletic Club**

Please join us for lunch to learn about what’s new at JFCS and how we’re meeting the challenges of today. Hear from keynote speaker Stephen Elliot on how a Jewish agency in his native Chicago helped him long before he became a well-known author. There is no cost to attend, however it is our major fundraiser and you will be asked to support our programs that help so many in the community. Kindly RSVP by May 1 at [www.jfcs-portland.org](http://www.jfcs-portland.org) and click on Luncheon.

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### Summer Camp Already?

It’s not too soon to think about summer camp. Read more about Camp Yakety Yak, a therapeutic day camp for children with special needs, and their siblings too, at [www.campyaketyyak.org](http://www.campyaketyyak.org).

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### Uplife!

**Uplife,** a new non-profit organization, has opened a Community Arts Center in NE Portland to provide a gathering space for people of all ages and abilities to create art and socialize. Their mission is to foster the social, intellectual, and emotional wellbeing of individuals with intellectual and developmental disabilities. The new center offers sewing, ceramics, and painting opportunities in an open studio format. They will have an **Open House on Sun., Mar 29** from 11AM to 2PM, 424 NE Killingsworth. See [www.uplife.pdx.org](http://www.uplife.pdx.org) or phone 503 939-5673 for more details.

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## HOLIDAYS

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First Passover Seder	APR 3	FRI
Second Passover Seder	APR 4	SAT
Holocaust Remembrance Day	APR 16	THU
Lag B’Omer	MAY 7	THU
Shavuot & Memorial Day	MAY 25	MON

*Since 1947, Jewish Family & Child Service (JFCS) has served the greater Portland area through our mission: Guided by the wisdom and values of our tradition, JFCS provides social services that improve the lives of adults, families, and children in the Jewish and general communities. We partner in the community to help our most vulnerable residents, including seniors, people with disabilities, and individuals and families lacking basic necessities. JFCS offers compassionate wraparound services to address the whole person to foster mental, emotional, and financial wellbeing so they can thrive.*