



TASK NEWS

Treasuring, Accepting & Supporting Kehillah

TIKVAH EVENTS

Tikvah is a social-recreational group for adults aged 18+ with any type of special needs. Our members plan activities and events, and new members are always welcome. Contact Corinne for more information, or for updates in case of inclement weather, 503 226-7079, ext 155 or email: corinne@ifcs-portland.org. **RSVP** required for each event!

JAN 30 / SAT / 5:30 PM / Birthday Dinner / Casa Colima / 6319 SW Capitol Hwy / RSVP by JAN 27 please.

FEB 2 / TUES / 5:30 PM / Groundhog Day Dinner at Raccoon Lodge / 7424 SW Beaverton-Hillsdale Hwy . RSVP by JAN 27 please.

FEB 8 / MON / Chinese New Year / Mandarin Cove / 111 SW Columbia / RSVP by FEB 3 please.

FEB 9 / TUES / 3:00 PM- 6:00 PM / Sky High Sports Jump / \$5 to jump, no fee for caregivers / 11131 SW Greenburg Rd.

FEB 15 / MON / 6:30 PM / President's Day / Ice Cream at Salt & Straw / 838 SW 23rd. RSVP to Janet: 503 888-4433.

FEB 27 / SAT / Movie TBD / Sub Zero Ice Cream/ Washington Square. Call Janet at 503 888-4433 for details.

FEB 29 / MON / 6:00 PM / LEAP YEAR DAY! Dinner at Thai Roses 6850 SW Bvtn-Hillsdale Hwy. RSVP by FEB 25 to Janet, 503 888-4433.

MAR 13 / SUN / Daylight Savings Time begins.

MAR 13 / SUN / 5:30PM / Dinner at Pastini Pastaria / 3487 SW Cedar Hills Blvd / RSVP by MAR 9 please.

MAR 17 / THUR / 6:00 PM / Dinner on St. Patrick's Day! Join in the fun at Rockbottom Brewery, 206 SW Morrison / RSVP by Mar 12.

MAR 24 / THUR / 5:30 PM / Purim! Spaghetti Factory / 715 SW Bancroft / RSVP by Mar 21 please.

MAR 30 / WED / 7:30 PM / Grupo Corpo / Arlene Schnitzer Concert Hall / Afro-Brazilian Music and Dance. \$26 and up, RSVP- MAR 15.



For information, please call:

CORINNE B. SPIEGEL
DISABILITIES INCLUSION SPECIALIST
503-226-7079, ext. 155

JFCS is a subsidiary of Cedar Sinai Park

TASK NEWS



FEBRUARY IS JEWISH DISABILITY AWARENESS AND INCLUSION MONTH!

We commemorate this month to unite Jewish communities worldwide in raising awareness and championing the rights of all Jews to be included and to participate in all aspects of Jewish life.

- Raise awareness of how people with disabilities have been regarded by Jewish and secular society.
- Underscore the importance of choosing one's own Jewish journey.
- Encourage Jews around the world to become genuinely empathetic and welcoming toward people with disabilities.
- Urge Jews to welcome people with disabilities into their communities and personal lives.
- Include people with disabilities in ALL aspects of communal life.
- Advocate for the rights of people with disabilities.

NEW SUPPORT GROUP TO START!

For adults with disabilities, a new group will start. Contact Corinne, as below.

For up-to-date events, to RSVP, or to leave a message, call 503-226-7079, ext. 155 or email corinne@ifcs-portland.org.

COMMUNITY

Jan 27 / WED / 7:00 PM – 8:30 PM / Wonderful Boys!
Providence St. Vincent / East Pavilion / Stanley Rooms 20-21. A free lecture by Howard Hiton, MS, on typical boy behavior. Registration required: 503 215-2429 or www.providence.org/classes.

Jan 30 / SAT / 3:00 PM-5:00 PM / Souther Auditorium / St. Vincent Hospital / Classroom Accommodation: Helping Students on the Autism Spectrum. RSVP to the Swindells Resource Center: 503 215-2429.

FEB 3 / WED / 6:00 PM– 8:00PM / Wheatley School / 14030 NE Sacramento / Understanding the IEP: Development, Process, and Your Critically Important Role on the Team. RSVP to FACT: 503 786-6082.

FEB 8-9 / MON-TUES/ 8:00 AM - 3:45 PM/ Salem Conference Center/ Annual Assistive Technology Conference / Registration info: https://reg.abcsignup.com/reg/event_page.aspx?ek=0022-0005-8887851120764f7f8d07c394a8dcc371.

FEB 8 / MON / 6:30 PM - 8:30 PM / Multnomah ESD / 11611 NE Ainsworth Cir / Introduction to the Individual Support Plan (ISP) for parents of children with developmental disabilities.
RSVP to FACT: 503 786-6082.

FEB 9 / TUES / 3:00 PM - 6:00 PM / Sky High Sports Special Needs Day / 11131 SW Greenburg Rd / Jump for \$5, no charge for caregivers over 18. Music is turned down to make it more comfortable for people with special needs. Call 503 924-5867.

FEB 14 / 4:00 PM - 5:30 PM/ NAMI / Talk it Over Providence Child Center/ 830 NE 47th / for children or teens with mental illness or addictions.

MAR 2 / WED / 5:00 PM – 7:00 PM / Fowler Middle School / 10865 SW Walnut / Tigard / It Starts With a Dream: Introduction to Person-Centered Planning and the One Page Profile. RSVP to FACT: 503 786-6082.

MAR 13 / Daylight Savings Time Begins!

DID YOU KNOW?



The Jewish Federation of Greater Portland is proud to partner with the **Foundation for Jewish Camp** to offer several opportunities for children with disabilities, ensuring every child has access to an unforgettable Jewish summer camp experience. We are here to help you find the right camp, with **up to \$1,000** off for first-time campers. For details, visit: <http://www.jewishcamp.org/one-happy-camper>.

The **Every Student Succeeds Act** recently replaced the primary education law known as **No Child Left Behind**. Each state will now have more power and require greater transparency from schools about the capabilities of students, including those with disabilities.

DanceAbility Teacher Orientation will be coming to Portland, March 20-24, 10:00AM to 5:00PM. To learn more about teaching people with disabilities to dance, contact: DanceAbility_International@mail.vresp.com

CARD, the Center for Autism and Related Disorders is now in Oregon. Located in Lake Oswego, CARD will soon open in Bend, Eugene, and Salem.

The focus is on:

- Curriculum-centered academic skills
- Executive function, cognition, social skills, language, play, adaptive behavior and motor skills
- Services individualized to each child's needs
- Online-based curriculum delivered through SKILLS

For details, call 503-783-2707.

★ HOLIDAYS

Tu Bishvat	JAN 25	MON
Presidents' Day	FEB 15	MON
Purim	MAR 24	THUR

Since 1947, Jewish Family & Child Service (JFCS) has served the greater Portland area through our mission: Guided by the wisdom and values of our tradition, JFCS provides social services that improve the lives of adults, families, and children in the Jewish and general communities. We partner in the community to help our most vulnerable residents, including seniors, people with disabilities, and individuals and families lacking basic necessities. JFCS offers compassionate wraparound services to address the whole person to foster mental, emotional, and financial wellbeing so they can thrive.