Dear Friend,

JFCS’ mission is to improve the quality of life and self-sufficiency of the Jewish and broader communities throughout the Portland metro area in accordance with Jewish values.

This Annual Report is a look back at the last year, as well as a look into our exciting future. This year marks Jewish Family & Child Service’s 75th anniversary, a very significant milestone in the life of our agency. Thanks to your unflinching generosity, JFCS is poised to provide stability and hope for another 75 years and beyond.

The Annual Report also highlights our four programs: Counseling, Disability Support Services, Community Support Services (formerly Emergency Aid) and Holocaust Survivor Services, and how they have adapted to meet clients’ needs during a year of some pandemic retreat and also financial uncertainty.

It is thanks to you – our community – that we have reached this milestone, and we look forward to sharing the celebration with you on May 18, 2023, at Celebrating Generations.

Warmly,

Larry Holzman
Board President

Ruth Scott
Executive Director
COUNSELING

Meeting you where you are

JFCS clinicians provide individual and group counseling on the east and west sides of town, as well as online. Many of our group offerings are shaped by requests from the community, such as easing clients through the grieving process and supporting those facing a cancer diagnosis. Our collection of accessible groups have provided inclusive support for Holocaust Survivors, older adults who have experienced trauma, and caregivers. JFCS also has added a child-and-family therapist who specializes in children and teens who are experiencing increased post-pandemic anxiety and depression. All of the JFCS clinicians are licensed, highly trained and share a history of promoting mental wellness within the Jewish community and helping people manage challenging life experiences.

“I would like to express my many thanks, for your very meaningful seminar at JFCS, on the subject of grieving. I learned a lot from your caring, spiritual and highly professional guidance. It was very helpful to me in order to get started on my journey of healing.”

- Grief Connection client

Ongoing Groups

• Walking Beside You
• Community Connection
• Grief Connection
• Cancer Support Group

Special Events

• Disability Mental Health Spotlight
• Strategies on How to Support Others
• Self-Care for Caregivers with Dr. Sara Rapaport
• Planning Ahead with Jerry Cohen, JD, MPA
• Mindfulness in Aging with David Molko, LCSW
• Our Legacy for Holocaust Survivors
• Chronic Pain & Mental Health
• The Holidays: Memories & Reflections
The future is now: Holocaust Survivors are reaching the end of their lives. As they age, their needs increase, such as requiring additional personal and nursing care, medical attention, and help with domestic chores including cleaning. Their wishes are to remain at home, to age in place and with dignity.

Granting these wishes are a JFCS priority.

**WE SERVE 60 OF PORTLAND’S 100 HOLOCAUST SURVIVORS**

<table>
<thead>
<tr>
<th>61%</th>
<th>85</th>
</tr>
</thead>
<tbody>
<tr>
<td>AT OR BELOW POVERTY LINE</td>
<td>AVERAGE AGE</td>
</tr>
</tbody>
</table>

**Raisa’s story**

Raisa survived World War II and life under Stalin before she and her few remaining relatives left to make a life first in Israel and then here in Portland. Originally from Ukraine and now 85, she, like many JFCS Holocaust Survivor Services clients, struggles with worsening health. Raisa and her husband, 90, receive services that increase as their ages do. The couple get help with eating, bathing, cleaning their home, running errands and small medical devices like dentures and hearing aids. This care allows them to remain at home -- to age in place -- a very important wish JFCS is committed to fulfilling.

* Raisa is real; her name has been changed
DISABILITY SUPPORT SERVICES

Access for all abilities

JFCS is Portland’s only Jewish social-services agency providing for the disabled community. It does so through its Disability Support Services (DSS) whose clients are the family unit. That means our focus is on the individual, the family, their social life and how they interact with the world around them.

DSS restarted Zoom and in-person groups for client socialization as the pandemic began to recede, and emphasized training Jewish adult and teen educators in concepts like universal design and accessibility best practices.

Client Jason Metzger recently sat with his daughter, Andrea, so they could draw together during an arts-and-crafts Zoom for families. He joked that his illustration skills were poor, but no matter: Jason enjoyed social time with his disabled daughter and others who’d logged in. DSS, he said, “is like an extended family.”

“Staff gained understanding of what an inclusive environment looks like and we were able to share this knowledge with families so that we could bridge the child’s home and school environments. Overall, it opened our eyes, gave us useful ideas, and allowed us to share this with our lovely community.”

- Cory Willson, Foundation School director, discussing DSS’ training program

More than 40 DSS events throughout the year
- Coming Together parent group meetings
- Tikvah social gatherings
- Disability Mental Health Spotlight
- Community education
- Educator trainings
Often, people find themselves in a pinch. Community Support Services (previously Emergency Aid) has helped ease the pain, disbursing lifeline resources that have included financial assistance to help make ends meet, gift cards and also comprehensive information to assist clients in a tight spot. JFCS offers a very robust, categorized list of resources for services available throughout greater Portland.

“Thanks so very very much for the gift cards, I didn’t expect such a bounty and am overwhelmed with gratitude. I thank you from the bottom of my heart. Once the weather changes, I want to volunteer in some capacity with your non-profit. I’m seriously just so blown away by the kindness and help.”

- CSS client
VOLUNTEER PROGRAM

JFCS is so touched by all the ways volunteers showed up. Volunteers helped launch our donor thank-you project; assist with Passover4All food delivery; and fulfill so many last-minute needs for client wellness.

Each JFCS volunteer brought joy and kindness to our community, ensuring any client in need received loving care. Thank you!

Volunteers helped in so many ways throughout the year

- Challah delivery
- Passover food delivery
- Food collection for Thanksgiving
- Thanksgiving food delivery
- Collection of home goods for refugees
- Calling clients
- Transportation
- Tech help
- Friendly callers
- Thank-you card writing
- Event planning

Devin said this about making Thanksgiving cards for clients:

“It felt great to give back in this way and it was a lot of fun. I look forward to helping with this project again next year!”

Why Alexa volunteers:

“Both my parents were social workers, and they always fought for easy and affordable access to mental health care for all. I can’t think of a better way to honor [their] memory.”
FINANCIAL SNAPSHOT
FY2021 – 2022

REVENUE .......... $2,730,724

- CONTRIBUTIONS & EVENTS $602,821
- JEWSH FEDERATION OF GREATER PORTLAND $170,000
- GRANTS $153,583
- THE CONFERENCE ON JEWSH MATERIAL CLAIMS AGAINST GERMANY $1,093,310
- PROGRAM SERVICE FEES $193,561
- OTHER INCOME $517,449

*Preliminary, unaudited statement for July 1, 2021 – June 30, 2022

EXPENSES .......... $2,785,088

- HOLOCAUST SURVIVOR SERVICES $1,149,626
- COUNSELING $320,052
- DISABILITY SUPPORT SERVICES $100,390
- CSS & VOLUNTEERS $241,695
- MANAGEMENT & ADMINISTRATION $621,483
- MARKETING & DEVELOPMENT $351,840

Jewish Family & Child Service turns 75 this year, and it’s a milestone to celebrate!

Over the decades, you have made JFCS possible and successful. JFCS provides stability and hope to our community, thanks to our community.

Then. Now. Always.

75 YEARS
Stability & Hope
Then. Now. Always.
LIFE & LEGACY

We are grateful to our supporters who plan to leave a legacy gift to JFCS. These after-life gifts provide a stable funding source to support JFCS’ programs, in good times and bad, for generations to come. JFCS is proud to be one of 10 organizations in Oregon and SW Washington participating in Life & Legacy, a partnership of the Harold Grinspoon Foundation and the Oregon Jewish Community Foundation. The program promotes estate planning and planned giving that can build endowments and guarantee the long-term sustainability of local Jewish institutions and organizations.

Ron & Judy Applebaum
Gloria Bacharach*
Stephen & Toby Blake
Gerel Blauer*  
Beverly & Stephen Bookin
Kathy & Norman Chusid
Nathan Cogan
Sheri & Lee Cordova
Susan Danielson
Richard Dobrow
Jen & Howard Feldman
Marian Fenimore
Sally Rosenfeld & Andrew Frank
Bob & Lesley Glasgow
Miriam Hecht
Larry Holzman
Stephen* & Elaine Kantor
Randy Katz
Lesley Issentein & Steve Laveson
Ruben* & Elizabeth Menashe
Michael Millender
Alan & Lana Miller
Leah Nepom*
Helaine Gross & Paul Norr
Dale Oller, MD
Ray* & Dorothy* Packouz
Gary & Sylvia Pearlman
Eve & Alan Rosenfeld
Stanley & Madelle Rosenfeld
Elaine Savinar
Leonard & Elyane Shapiro
Michael Simon
Les* & Martha Soltesz
Corinne & Larry Spiegel
Menachem Teiblum*
Larry Volchok
Jennifer and Ken Zeidman
Justin Zellinger
*Of blessed memory

Thank you to our donors

We are thankful to all those who make our work possible. The following list represents donors who made a donation between July 1, 2021 and June 30, 2022. All names have been carefully reviewed. Nevertheless, errors may occur. If your name has been misprinted or omitted, please accept our apology. Please direct all questions or corrections to Ruth Scott at rscott@jfcs-portland.org.

$150,000 & above

Juan Young Trust
Joseph Weston Public Foundation
Naomi Kaufman-Price
Lubliner Endowed Fund for the Needly of OJCF
Brian & Amara Norman
Sarah Ritchie Fund of the OCF
Rosemarie Rosenfeld
Leonard & Lois Schnitzer Charitable Supporting Foundation of OJCF
Cookie & Merritt Yoelin Fund of OJCF
Jay & Diane Zidell Charitable Foundation

$50,000 - $99,999

Joseph E. Weston Public Foundation
Judith & Edwin Cohen Foundation
First Hebrew Benevolent Fund of OJCF
Larry Holzman
The Holzman Foundation
Chuck Karsun Memorial Fund of OJCF
Jerry & Helen Stern
Grandchildren’s Fund of OJCF
Ray Packouz, z’l
Robert & Rita Philip Family Fund of OJCF
Richard & Shirley Plotzker
Diane & David Rosencrantz
Friendly Rosenthal Fund of OJCF
Leonard & Lois Schnitzer Charitable Supporting Foundation of OJCF
 Cookie & Merritt Yoelin Fund of OJCF

$10,000 - $49,999

Marian Cohen
Martin & Marilyn Cohen
Elizabeth & Thomas Gewecke
Jewish Federation of Greater Portland / Turner Fund
Kwitman Family Foundation
Rosalyn Menashe
Barry & Sue Menashe
Victor & Toinette Menashe
RuDiSu Meyer Family Fund of OJCF
Morel Ink
Helaine Norr/Gross Family Fund at Schwab Charitable

$2,500 - $4,999

Alan Bacharach
Gloria Bacharach Family Fund of OJCF
Max Birnbach Charity Fund of OJCF
Alice Carr Fund for JFCS’s Counseling Endowment Fund of OJCF
Nathan Cogan
Martin & Marilyn Cohen
Elizabeth & Thomas Gewecke
Jewish Federation of Greater Portland / Turner Fund
Kwitman Family Foundation
Rosalyn Menashe
Barry & Sue Menashe
Victor & Toinette Menashe
RuDiSu Meyer Family Fund of OJCF
Morel Ink
Helaine Norr/Gross Family Fund at Schwab Charitable

$5,000 - $9,999

Anonymous
The Benevity Community Impact Fund
Congregation Beth Israel Social Action Committee
Carol Danish
Stuart & Leah Durkheimer Endowment Fund of OJCF
Home Instead, Inc.

$2,000 – $4,999

$1,000 - $2,499

$500 - $999

$250 - $499

$100 - $249

$50 - $99
THANK YOU TO OUR PARTNERS

Aging & Disability Resource Connection of Oregon
B’nai B’rith Camp
Beit Haverim
BeWell
Blanchet House
Cedar Sinai Park
Clackamas County Community Pathways Inc.
Community Warehouse
Congregation Beth Israel
Congregation Kesser Israel
Congregation Shaarai Torah
Congregation Shir Tikvah
Disability Rights Oregon
Eastside Jewish Commons
Fred Meyer Stores
Friendly House
Havurah Shalom Religious School
Home Depot
Inclusion Inc.
Independence Northwest
Independent Living Services
Interfaith Disabilities Network of Oregon
Islamic Social Services of Oregon State
Jewish Federations of North America
Kehillah Housing
Kol Shalom
Kroger Family of Companies
Maayan Torah Day School
Mittleman Jewish Community Center
Moores Ink
Multnomah County
National Council for Mental Wellbeing
Network of Jewish Human Service Agencies
New Seasons
Oregon Board of Rabbis
Oregon Food Bank
Oregon Jewish Life magazine
Portland Jewish Academy
Positive Charge! PDX
Resilience Roundtable
Safeway
SDRI: Self-Determination Resource Inc.
Sinai In-Home Care
Store to Door
Trader Joe’s
Trillium Community Health Plan
Washington County
William Temple House

JFCS Rosh Hashanah event at Eastside Jewish Commons
Volunteer Coordinator Sammy Monk with volunteer Corinne Spiegel at the MJCC

OJCF: Oregon Jewish Community Foundation
OCF: Oregon Community Foundation

OJCF: Oregon Jewish Community Foundation
OCF: Oregon Community Foundation
BOARD OF DIRECTORS

BOARD OFFICERS
Larry Holzman, President
Retired, Attorney
Bill Treuhaft, Vice President
Retired, Physician
Elana Emlen, Secretary
School Wellness Specialist
Martin Soloway, Treasurer
Retired, Affordable Housing Dev.
Lee Cordova, Past President
Retired, Physician
Kathy Chusid, Advisory Council
Employee Benefits Insurance

MEMBERS AT LARGE
Lindy Ariff, LCSW
The Bodhi Tree Institute
Steve Gradow
Gradow Capital Management
Peter Kleier
The Standard
Eric Kodesch
Lane Powell
Robin McCoy, MD
Children’s Program
Erika Meyer, MD
Metropolitan Pediatrics
Rachel Oh
Generations Estate Law LLC
Kim Rosenberg
Coldstream Wealth Management
Justin Zellinger
MIKE Program

Not pictured: Lindy Ariff, Rachel Oh, Kim Rosenberg

STAFF

ADMINISTRATION
Ruth Scott
Executive Director
Susan Greenberg
Deputy Director
Sue Ellen Alfano
Director of Finance
Janene Richards
HR & Operations Manager
Joanna Macrae
Bookkeeper
Sammy Monk
Volunteer Coordinator

COMMUNITY SUPPORT SERVICES
Douglass Ruth, LCSW, CCTP
Community Support Services Manager
Helen Pevzner
Community Support Services Coordinator

COUNSELING SERVICES
Douglass Ruth, LCSW, CCTP
Clinical Director
Laura Cohen, LCSW, ACSW
Child and Family Therapist
Missy Fry, LCSW, CAGCS
Behavioral Health Social Worker
Dinah Gilburd, LCSW
Mental Health Educator

HOLOCAUST SURVIVOR SERVICES
Sima Borsuk
Holocaust Survivor Services
Program Manager
Alla Piatski
Bilingual Case Manager
Helen Pevzner
Bilingual Case Manager
Marina Milman
Bilingual Scheduling Coordinator
and Associate Case Manager

DISABILITY SUPPORT SERVICES
Shayna Sigman
Disability Support Services Manager

MARKETING & COMMUNICATIONS
Jenn Director Knudsen
Communications Manager
Robyn Taylor
Marketing Manager
Rebekah Ratner-Singh
Development and Marketing/
Communications Administrator

ADVOCACY & OUTREACH
ADVISORY COUNCIL
Kathy Chusid, Chair
Carol Danish
Megan Leftwich
Lisa Schneiderman
Corinne Spiegel
Carolyn Weinstein
Gary Weinstein

JFCS
Jewish Family & Child Service
1221 SW Yamhill St., Suite 301
Portland, Oregon 97205
503.226.7079
info@jfcs-portland.org
www.jfcs-portland.org
Thank you to our community for being here for JFCS so we can be here for our community!