



JFCS
Jewish Family & Child Service



ANNUAL REPORT

2021-2022

*Providing stability & hope.
Then. Now. Always.*



75 years
Stability Compassion
COMMUNITY SUPPORT SERVICES
Collaboration Tikkun Olam Hope
HOLOCAUST SURVIVOR SERVICES
Then Tzedakah Excellence Now
DISABILITY SUPPORT SERVICES
Accountability Gemilut Chasadim
COUNSELING Respect
Always

Dear Friend,

JFCS' mission is to improve the quality of life and self-sufficiency of the Jewish and broader communities throughout the Portland metro area in accordance with Jewish values.

This Annual Report is a look back at the last year, as well as a look into our exciting future. This year marks Jewish Family & Child Service's **75th anniversary, a very significant milestone in the life of our agency.** **Thanks to your unflinching generosity,** JFCS is poised to provide stability and hope for another 75 years and beyond.

The Annual Report also highlights our four programs: Counseling, Disability Support Services, Community Support Services (formerly Emergency Aid) and Holocaust Survivor Services, and how they have adapted to meet clients' needs during a year of some pandemic retreat and also financial uncertainty.

It is thanks to you – our community – that we have reached this milestone, and we look forward to sharing the celebration with you on May 18, 2023, at *Celebrating Generations*.

Warmly,

A handwritten signature in blue ink, appearing to read "Larry".

Larry Holzman
Board President

A handwritten signature in blue ink, appearing to read "Ruth".

Ruth Scott
Executive Director



COUNSELING

Meeting you where you are

JFCS clinicians provide individual and group counseling on the east and west sides of town, as well as online. Many of our group offerings are shaped by requests from the community, such as easing clients through the grieving process and supporting those facing a cancer diagnosis. Our collection of accessible groups have provided inclusive support for Holocaust Survivors, older adults who have experienced trauma, and caregivers. JFCS also has added a child-and-family therapist who specializes in children and teens who are experiencing increased post-pandemic anxiety and depression. All of the JFCS clinicians are licensed, highly trained and share a history of promoting mental wellness within the Jewish community and helping people manage challenging life experiences.

"I would like to express my many thanks, for your very meaningful seminar at JFCS, on the subject of grieving. I learned a lot from your caring, spiritual and highly professional guidance. It was very helpful to me in order to get started on my journey of healing."

– Grief Connection client

Ongoing Groups

- Walking Beside You
- Community Connection
- Grief Connection
- Cancer Support Group

Special Events

- Disability Mental Health Spotlight
- Strategies on How to Support Others
- Self-Care for Caregivers with Dr. Sara Rapaport
- Planning Ahead with Jerry Cohen, JD, MPA
- Mindfulness in Aging with David Molko, LCSW
- Our Legacy for Holocaust Survivors
- Chronic Pain & Mental Health
- The Holidays: Memories & Reflections



HOLOCAUST SURVIVOR SERVICES

Surrounding our community with care

The future is now: Holocaust Survivors are reaching the end of their lives. As they age, their needs increase, such as requiring additional personal and nursing care, medical attention, and help with domestic chores including cleaning. Their wishes are to remain at home, to age in place and with dignity.

Granting these wishes are a JFCS priority.

**WE SERVE 60 OF PORTLAND'S
100 HOLOCAUST SURVIVORS**

61%

AT OR BELOW POVERTY LINE

85

AVERAGE AGE

HSS provides Survivors:

- Help aging in place
- Case management
- Personal and home care
- Social events



Social services for Jewish Nazi victims have been supported by a grant from the Conference on Jewish Material Claims Against Germany.

KAVOD SHEF (Survivors of the Holocaust Emergency Fund) is a partnership between nonprofits Seed the Dream Foundation and KAVOD to specifically assist with emergency funding for Holocaust Survivors living in poverty.

Raisa's story

Raisa survived World War II and life under Stalin before she and her few remaining relatives left to make a life first in Israel and then here in Portland. Originally from Ukraine and now 85, she, like many JFCS Holocaust Survivor Services clients, struggles with worsening health. Raisa and her husband, 90, receive services that increase as their ages do. The couple get help with eating, bathing, cleaning their home, running errands and small medical devices like dentures and hearing aids. This care allows them to remain at home -- to age in place -- a very important wish JFCS is committed to fulfilling.

** Raisa is real; her name has been changed*

DISABILITY SUPPORT SERVICES

Access for all abilities

JFCS is Portland's only Jewish social-services agency providing for the disabled community. It does so through its Disability Support Services (DSS) whose clients are the family unit. **That means our focus is on the individual, the family, their social life and how they interact with the world around them.**

DSS restarted Zoom and in-person groups for client socialization as the pandemic began to recede, and emphasized training Jewish adult and teen educators in concepts like universal design and accessibility best practices.

Client Jason Metzger recently sat with his daughter, Andrea, so they could draw together during an arts-and-crafts Zoom for families. He joked that his illustration skills were poor, but no matter: Jason enjoyed social time with his disabled daughter and others who'd logged in. DSS, he said, "is like an extended family."

"Staff gained understanding of what an inclusive environment looks like and we were able to share this knowledge with families so that we could bridge the child's home and school environments. Overall, it opened our eyes, gave us useful ideas, and allowed us to share this with our lovely community."

– Cory Willson, Foundation School director,
discussing DSS' training program



More than 40 DSS events throughout the year

- Coming Together parent group meetings
- Tikvah social gatherings
- Disability Mental Health Spotlight
- Community education
- Educator trainings

Congregation Shaarie Torah's Rabbi Gary Oren (center)
with DSS clients at summer 2022's Tour de Shabbat

COMMUNITY SUPPORT SERVICES

Providing stability and hope in tough times

Often, people find themselves in a pinch. Community Support Services (previously Emergency Aid) has helped ease the pain, disbursing lifeline resources that have included financial assistance to help make ends meet, gift cards and also comprehensive information to assist clients in a tight spot. JFCS offers a very robust, categorized list of resources for services available throughout greater Portland.

"Thanks so very very much for the gift cards, I didn't expect such a bounty and am overwhelmed with gratitude. I thank you from the bottom of my heart. Once the weather changes, I want to volunteer in some capacity with your non-profit. I'm seriously just so blown away by the kindness and help."

- CSS client



Board member Justin Zellinger and his son volunteering at JFCS' annual Thanksgiving Food Box program

VOLUNTEER PROGRAM

JFCS is so touched by all the ways volunteers showed up.

Volunteers helped launch our donor thank-you project; assist with Passover4All food delivery; and fulfill so many last-minute needs for client wellness.

Each JFCS volunteer brought joy and kindness to our community, ensuring any client in need received loving care. Thank you!

Volunteers helped in so many ways throughout the year

- Challah delivery
- Passover food delivery
- Food collection for Thanksgiving
- Thanksgiving food delivery
- Collection of home goods for refugees
- Calling clients
- Transportation
- Tech help
- Friendly callers
- Thank-you card writing
- Event planning



Devin said this about making Thanksgiving cards for clients:

"It felt great to give back in this way and it was a lot of fun. I look forward to helping with this project again next year!"

Why Alexa volunteers:

"Both my parents were social workers, and they always fought for easy and affordable access to mental health care for all. I can't think of a better way to honor [their] memory."

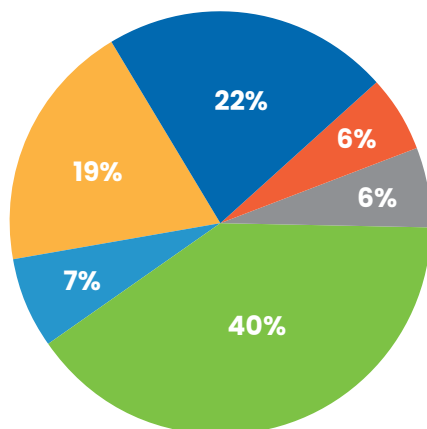


FINANCIAL SNAPSHOT

FY2021 – 2022

REVENUE.....\$2,730,724

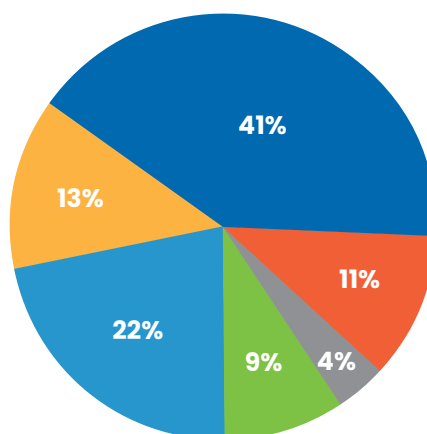
- CONTRIBUTIONS & EVENTS
\$602,821
- JEWISH FEDERATION OF
GREATER PORTLAND
\$170,000
- GRANTS
\$153,583
- THE CONFERENCE ON JEWISH
MATERIAL CLAIMS AGAINST GERMANY
\$1,093,310
- PROGRAM SERVICE FEES
\$193,561
- OTHER INCOME
\$517,449



*Preliminary, unaudited statement for July 1, 2021 – June 30, 2022

EXPENSES.....\$2,785,088

- HOLOCAUST SURVIVOR SERVICES
\$1,149,626
- COUNSELING
\$320,052
- DISABILITY SUPPORT SERVICES
\$100,390
- CSS & VOLUNTEERS
\$241,695
- MANAGEMENT & ADMINISTRATION
\$621,483
- MARKETING & DEVELOPMENT
\$351,840



Jewish Family & Child Service turns 75 this year,
and it's a milestone to celebrate!



Over the decades, you have made JFCS possible
and successful. JFCS provides stability and hope
to our community, thanks to our community.

Then. Now. Always.

75
YEARS

Stability & Hope
Then. Now. Always.

LIFE & LEGACY

We are grateful to our supporters who plan to leave a legacy gift to JFCS. These after-life gifts provide a stable funding source to support JFCS' programs, in good times and bad, for generations to come.

JFCS is proud to be one of 10 organizations in Oregon and SW Washington participating in Life & Legacy, a partnership of the Harold Grinspoon Foundation and the Oregon Jewish Community Foundation. The program promotes estate planning and planned giving that can build endowments and guarantee the long-term sustainability of local Jewish institutions and organizations.



Life & Legacy members
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Jennifer and Ken Zeidman
Justin Zellinger

**Of blessed memory*



THANK YOU TO OUR DONORS

We are thankful to all those who make our work possible. The following list represents donors who made a donation between July 1, 2021 and June 30, 2022.

All names have been carefully reviewed. Nevertheless, errors may occur. If your name has been misprinted or omitted, please accept our apology. Please direct all questions or corrections to Ruth Scott at rscott@jfcs-portland.org.

\$150,000 & above



Jewish Federation
OF GREATER PORTLAND



ועידת התביעות
Claims Conference
Conference on Jewish Material Claims
Against Germany

\$50,000 - \$99,999

Joseph E. Weston Public
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\$10,000 - \$49,999

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OJCF: Oregon Jewish Community Foundation

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JECOS Rosh Hashanah event
at Eastside Jewish Commons



Volunteer Coordinator Sammy Monk with
volunteer Corinne Spiegel at the MJCC

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Not pictured: Lindy Ariff, Rachel Oh, Kim Rosenberg

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Child and Family Therapist

Missy Fry, LCSW, CAGCS
Behavioral Health Social Worker

Dinah Gilburd, LCSW
Mental Health Educator

HOLOCAUST SURVIVOR SERVICES

Sima Borsuk
*Holocaust Survivor Services
Program Manager*

Alla Piatski
Bilingual Case Manager

Helen Pevzner
Bilingual Case Manager

Marina Milman
*Bilingual Scheduling Coordinator
and Associate Case Manager*

DISABILITY SUPPORT SERVICES

Shayna Sigman
Disability Support Services Manager



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for being here for JFCS
so we can be here for
our community!

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